



World Triathlon  
Para Series

ABERTAWE | SWANSEA  
2024

ABERTAWE



2024

SWANSEA

# SUPPORTER GUIDE

Saturday 22nd June

# WELCOME

## Welcome to World Triathlon Para Series Swansea!

Whether you're from the area or visiting for the weekend, it's great to have you with us for a day of swim, bike, run by the sea.

Saturday 22 June is the third time Swansea has hosted the World Triathlon Para Series at SA1 Waterfront. This year we will again welcome the very best paratriathletes from across the world as they compete to gain vital qualification points ahead of selection for the Paris 2024 Paralympic Games.

There are plenty of fun activities to get involved with on the day, with something for all ages to have a go at. This year we are also welcoming the Marina Market to the event village adding to the food and drinks options as well as stalls offering local crafts and gifts.

This guide will walk you through key timings, locations and what to watch out for on the day. You don't need to have any triathlon know-how to enjoy this weekend, simply dive into everything on offer and make the most of our event and your day in Swansea.

We look forward to welcoming you to the World Triathlon Para Series Swansea!



# SCHEDULE

**09:00 - 11:00**

## **BRITISH PARATRI SUPER SERIES**

A 400m swim, 10km bike, 2.5km run for athletes with disabilities with or without a sporting classification who want to take part in a triathlon either to complete it or compete in it.



**12:30 - 17:45**

## **WORLD TRIATHLON PARA SERIES ELITE RACES**

A 750m swim, 20km bike, 5km run for over 100 of the world's best paratriathletes vying for valuable qualification points for the for the Paris 2024 Paralympic Games.



**17:45 - 18:45**

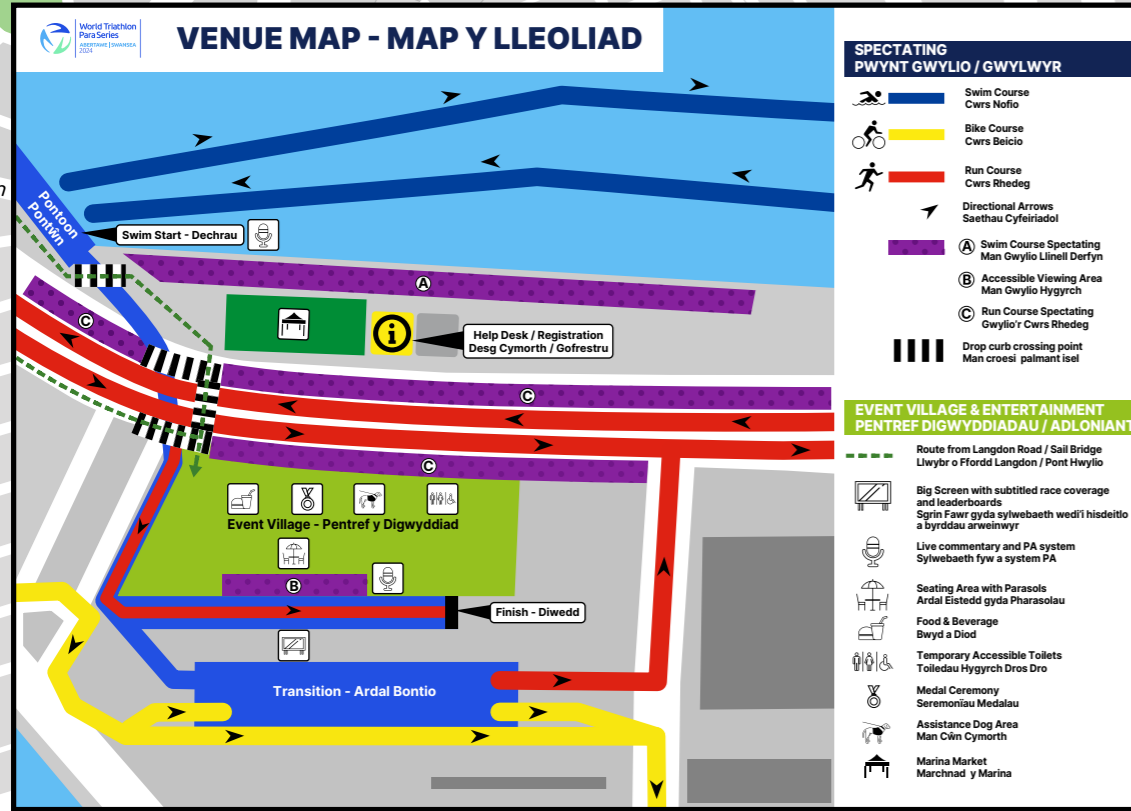
## **MEDAL CEREMONIES**

Join in the celebrations of the successes and achievements of these inspiring athletes.



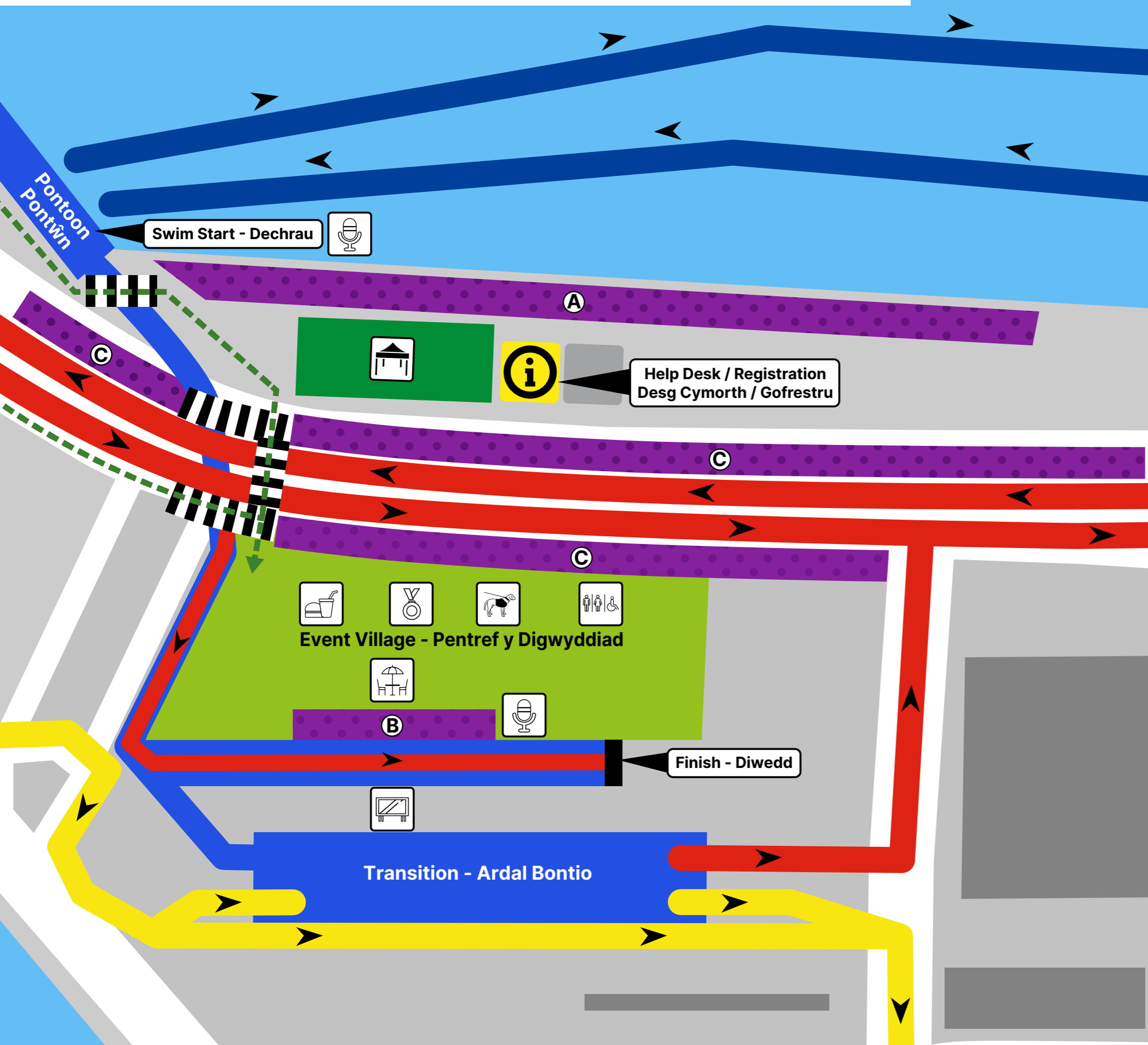
# WORLD TRIATHLON PARA SERIES

# VENUE - LLEOLIAD














- 750m = 1 lap - lapiau**
- 19.48km = 5 laps - lapiau**
- 5km = 3 laps - lapiau**
- Directional arrows - Arwyddion cyfarwyddo**
- Drop curb crossing point - Man croesi palmant isel**
- Turning point - Man troi**










# VENUE MAP - MAP Y LLEOLIAD



## SPECTATING PWYNT GWYLIO / GWYLLWYR

-   **Swim Course**  
Cwrs Nofio
-   **Bike Course**  
Cwrs Beicio
-   **Run Course**  
Cwrs Rhedeg
-  **Directional Arrows**  
Saethau Cyfeiriadol
-  **(A) Swim Course Spectating**  
Man Gwyllo Llinell Derfyn
-  **(B) Accessible Viewing Area**  
Man Gwyllo Hygyrch
-  **(C) Run Course Spectating**  
Gwyllo'r Cwrs Rhedeg
-  **Drop curb crossing point**  
Man croesi palmant isel

## EVENT VILLAGE & ENTERTAINMENT PENTREF DIGWYDDIADAU / ADLONIAINT

-  **Route from Langdon Road / Sail Bridge**  
Llwybr o Ffordd Langdon / Pont Hwyllo
-  **Big Screen with subtitled race coverage and leaderboards**  
Sgrin Fawr gyda sylwebaeth wedi'i hisdeitlo a byrddau arweinwyr
-  **Live commentary and PA system**  
Sylwebaeth fyw a system PA
-  **Seating Area with Parasols**  
Ardal Eistedd gyda Pharasolau
-  **Food & Beverage**  
Bwyd a Diod
-  **Temporary Accessible Toilets**  
Toiledau Hygyrch Dros Dro
-  **Medal Ceremony**  
Seremonïau Medalau
-  **Assistance Dog Area**  
Man Cŵn Cymorth
-  **Marina Market**  
Marchnad y Marina

# WORLD TRIATHLON PARA SERIES



Centred on the Prince of Wales Dock and SA1 Waterfront, spectators will see Paralympic, World and European

champions compete in the World Triathlon Para Series elite races. Over 100 elite paratriathletes from Britain and around the world will compete for valuable qualification points for the Paris 2024 Paralympic Games.

[Paratriathlon Categories Explained – British Triathlon](#)

## WTPS CATEGORIES AND START TIMES

PTS5 M	12:30	PTWC M H2	14:13
PTVI M B1	12:40	PTWC F H1	14:15
PTVI M B2/3	12:42	PTWC F H2	14:18
PTVI F B1	12:44	PTS2-5 F	15:45
PTVI F B2/3	12:47	PTS4 M	15:50
PTWC M H1	14:10	PTS2-3 M	15:55



# PARA TRI SUPER SERIES

Before the elites races, the British Paratri Super Series will take place. This offers British athletes the opportunity to race on the same course as the World's best paratriathletes.








## PTSS CATEGORIES AND START TIMES

PTWC	8:00
PTS	8:30
PTVI	8:55

Paratriathlon Categories Explained – British Triathlon



Plantasia Tropical Zoo

-  **400m = 1 lap - - lapiau**
-  **8.5km = 5 laps - lapiau**
-  **2.5km = 3 laps - lapiau**
-  **Turning Point**  
Man troi
-  **Directional Arrows**  
Arwyddion cyfarwyddo

**ABERTAW / SWANSEA**



# SUSTAINABILITY



Working with Swansea City Council to make sure event waste management fits with local systems



The blue carpet used at the event will be repurposed for future events and activities or recycled



Staff and volunteer kit is in line with British Triathlon event branding to ensure there is no unused kit from the event



Sustainable credential checks have been made before selecting hotel, food and drink suppliers



Accommodation within close proximity to the venue has been selected to reduce the need for transport services



Signage at the event site is part of British Triathlon's event supplies, reducing single-use and event specific signage



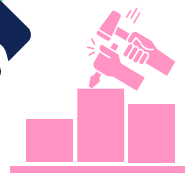
Refillable water points and water bottles will be used by volunteers and staff throughout the event



Promoting the use of public transport for staff, volunteers, participants and spectators across the event week



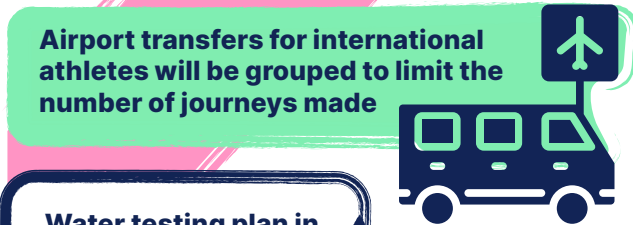
Use of local suppliers as a priority for procurement across event infrastructure and delivery



Elite athletes on the podium will receive a gift made from local slate



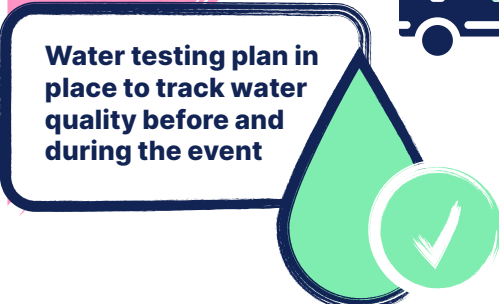
Route crew will use electric scooters to move around the venue



Airport transfers for international athletes will be grouped to limit the number of journeys made



Mass participation finishers will receive a repurposed medal to ensure there are no event medals left over



Water testing plan in place to track water quality before and during the event



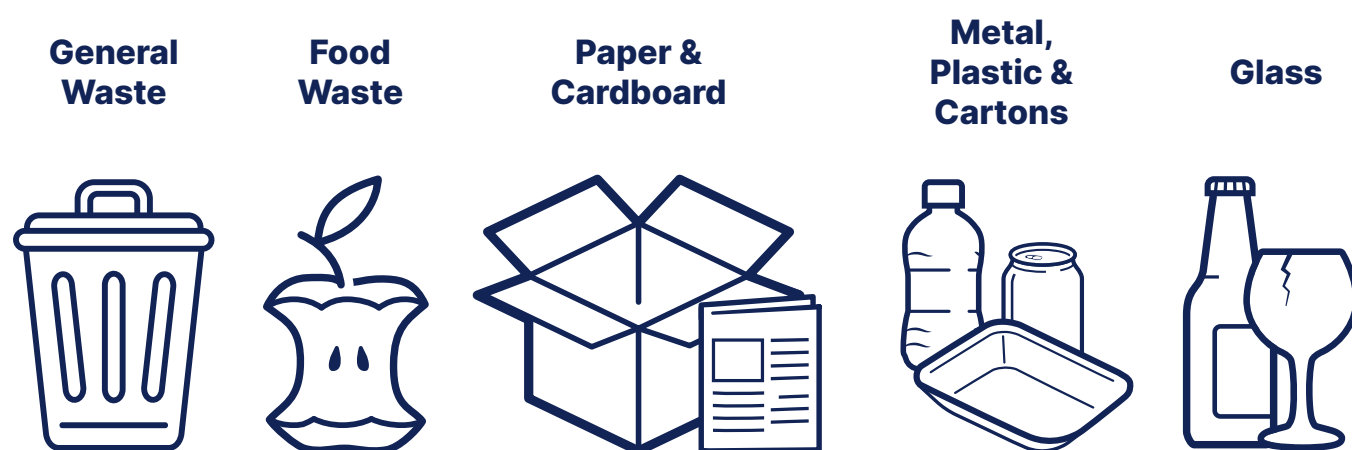
Working with local schools and clubs, Welsh Triathlon are engaging and supporting the local community to take part in Swim Bike Run



# WHAT TO DO WITH YOUR WASTE

**New waste regulations were brought into force in Wales this year which affect how you dispose of rubbish during our event.**

To allow waste to be collected and sorted there will be multiple bins on site clearly labelled to collect:

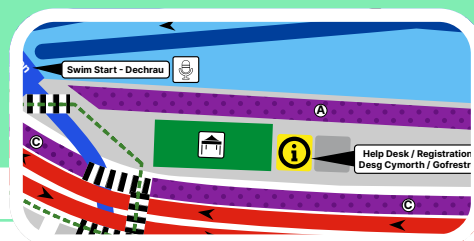


Please make sure you use the correct bin for your waste as we will be fined for cross-contamination (for example banana skins in the plastic bins).

**THANK YOU FOR SUPPORTING US TO COMPLY WITH THESE REGULATIONS.**

# EVENT VILLAGE & MARINA MARKET

This year, alongside the Event Village, we are delighted the Marina Market will be joining us at the event. Stalls include:



<b>Babita's Spice Deli</b>	Authentic Indian street food
<b>Cake by MAC</b>	Individual cakes and desserts
<b>Bibby's Beans</b>	Freshly ground coffee and hot drinks
<b>Pen Y Waun Farm</b>	Pulled brisket rolls, artisan hot dogs
<b>Bowla</b>	Bowler Hat-shaped bread bowls with savoury fillings
<b>George &amp; Harriet</b>	Dog accessories
<b>Ho &amp; Co</b>	T-shirts and hats
<b>Janine Brown</b>	Local artist
<b>MC Studioworks</b>	Art prints, pillow cases, mugs, phone cases, framed imagery, t-shirts
<b>Pixie Cakes</b>	Homemade cakes, cookies, cake bombs, Welsh cakes
<b>Seaglass Jewellery</b>	Handmade jewellery made from local seaglass
<b>High Tide SeaWeed</b>	Seaweed snack bars
<b>Gower Doughnut Co</b>	Hand-made filled doughnuts
<b>Food Anarchy</b>	Artisan burgers and loaded fries
<b>Little Walterstone Farm</b>	Local honey and handmade wooden jewellery
<b>Teilo Studios</b>	Crochet clothing and handmade cushions
<b>Ultimate Essence</b>	Soaps, candles and bath bombs
<b>Lisa Stephens Jewellery</b>	Handmade silver jewellery
<b>Gower Preserves</b>	Homemade jams, chutneys, marmalades
<b>Slowly</b>	Locally grown gourmet mushrooms
<b>The Artisan</b>	Portuguese Baker: bread, pastel de nata, pastries
<b>Shimmers Artizan Jewellery</b>	Silver copper and enamel jewellery
<b>Thread of Heaven</b>	Handmade crochet soft toys, handbags and accessories.
<b>Olives etc</b>	Olives, stuffed vine leaves, oils
<b>Good &amp; Proper Brownies</b>	Homemade brownies in a huge range of flavours



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For more information email: [swansea@britishtriathlon.org](mailto:swansea@britishtriathlon.org)



## FUNDING PARTNERS



World Triathlon Para Series

Devonport | Yokohama | Swansea | Montreal | Malaga